

STARTERS

Tandoori Mutton Chops (3pcs)	4.95
1/4 Tandoori Chicken	4.50
Chicken or Lamb Tikka	4.50
Garlic Chicken or Lamb Tikka	4.50
Hot Chicken or Lamb Tikka (Naga Paste)	4.50
Sheekh Kebab	4.50
Mixed Kebab	4.50
Fish Pakora	4.50
Chicken Pakora	4.50
Mass Biran (Sea Bass) Fried Boneless Fish Fillet with spices	4.95
Salmon Tikka	4.95
Paneer Tikka	4.50
Chicken Nambali	4.50
<i>Marinated Chicken slices with melted Cheese, served with Onions</i>	
Garlic Mushroom Puree (Mild)	4.50
Chicken Chat	4.50
Prawn Puree	4.75
King Prawn Puree	4.95
King Prawn Butterfly	4.95
Stuffed Pepper (Chicken, Lamb or Vegetable)	4.50
Samosa (Lamb or Vegetable) - Homemade	4.00
Keema Cheese Samosa - Homemade	4.50
Onion Bhaji	4.00
Mixed Platter for 2 2 Sheek Kebab, 2 Onion Bhajis, 2 pieces Chicken Tikka & 2 Lamb Chops	11.95

TANDOORI DISHES (DRY)

Chicken or Lamb Tikka <i>Chicken or Lamb pieces marinated in yoghurt, fresh herbs & cooked in Tandoori oven</i>	8.50
Garlic Chicken or Lamb Tikka	8.95
Chicken or Lamb Shashlik <i>Chicken or Lamb Tikka pieces with Green Peppers, Tomatoes & Onions</i>	9.50
Mixed Shashlik	9.50
1/2 Tandoori Chicken	8.50
Tandoori Mixed Grill <i>Tandoori Chicken, Chicken Tikka, Lamb Tikka & Sheek Kebab.</i>	9.50
King Prawn Tikka <i>King Prawns marinated in yoghurt, fresh herbs & cooked in Tandoori oven</i>	12.95
King Prawn Shashlik <i>King Prawns, Green Peppers, Tomatoes & Onions.</i>	12.95
Salmon Shashlik <i>Salmon pieces, Green Peppers, Tomatoes & Onions.</i>	12.95

BALTI DISHES

Balti food is both simple in its concept and cooking and, complete in its flavours. True Balti food is dryish and slightly oily and spicily tasty. Served with a Naan

Vegetable Balti	8.95
Chicken or Lamb Balti	9.50
Chicken or Lamb Tikka Balti	9.95
Prawn Balti	10.50
King Prawn Balti	12.95

HOUSE SPECIAL DISHES

Chef's Special <i>Prepared with a medium blend of herbs & spices. Cooked with Mutton, Chicken, Prawns, Mushrooms & Methi.</i>	10.95
Special Karahi <i>Marinated Chicken, Lamb & King Prawns, barbecued in the Tandoor then cooked in a medium sauce with chopped Onions, Green Peppers, Tomatoes & a hint of Garam Massala.</i>	12.95
Karahi Jinga <i>Whole marinated King Prawns in the shell, cooked in a medium sauce garnished with Capsicum and Coriander.</i>	12.95
Fish Naga <i>Fish fillets - a mouth watering North Bengal favourite using its own unique Naga Chillies - Hot Dish.</i>	10.95
Fish Bhuna <i>Lightly spiced Fish fillets, briskly fried with spicy Onions & cooked with Green Peppers, Coriander and Tomatoes in a dry medium sauce.</i>	10.95
Keralan Fish <i>Filletted Haddock-like Bangladeshi Fish from the Indian Ocean, pan fried & simmered with Bay Leaves & Fresh Cream- Slightly Hot.</i>	10.95
King Prawn Sagwala <i>King Prawn cooked with Spinach, fried Garlic & Green Chillies. Fairly hot</i>	12.95
Salmon Shashlik Karahi <i>Salmon, cooked in the Tandoor with diced Onions, Green Peppers & Tomatoes, then cooked in a special thick sauce with a blend of herbs & spices.</i>	12.95
Naga - Chicken or Lamb <i>A mouth watering North Bengal favourite using its own unique Naga Chillies - Hot Dish.</i>	10.50
Karahi Shashlik - Chicken or Lamb <i>Cooked in the Tandoor with diced Onions, Green Peppers & Tomatoes, then cooked in a special thick sauce with a blend of herbs & spices.</i>	10.50
Padina - Chicken or Lamb <i>Marinated Chicken or Lamb barbecued in the Tandoor then cooked in a fairly mild sauce with ground almonds, fresh garden mint & mild green herbs with a touch of fresh cream.</i>	10.50
Tikka Massala - Chicken or Lamb <i>Spiced and cooked in the Tandoor & then cooked in a special Massala sauce.</i>	10.50
Garlic Chilli Massala - Chicken or Lamb <i>Cooked in a hot fresh Garlic & Chilli sauce, garnished with Coriander - hot and spicy.</i>	10.50
Amlı - Chicken or Lamb <i>Cooked in a rich, creamy sauce with Mango Pulp, Ground Almonds, Coconut Flour & our home-made yoghurt.</i>	10.50
Rashoon - Chicken or Lamb <i>Grilled in the Tandoor and then cooked in a hot Garlic sauce with fresh Green Peppers, Onions & Tomatoes. Please specify Medium or Hot.</i>	10.50
Howally - Chicken or Lamb <i>Marinated, grilled in the Tandoor, then cooked together in a fairly hot sauce with fresh Ginger, Spring Onions, Green Peppers, Pickled Chillies & Coriander - with a touch of Methi. Slightly Hot.</i>	10.50
Laknavi - Chicken or Lamb <i>Cooked in a medium Garlic Sauce with fresh herbs and a dash of lime juice.</i>	10.50
Achari - Chicken or Lamb <i>Cooked with Mango & Tamarind sauce. Sweet & tangy.</i>	10.50
Butter Chicken <i>Marinated Chicken cooked in a mild sauce with Butter.</i>	10.50
Karahi Murgi Massala <i>(Fairly Hot) Chicken and Minced Lamb grilled in the Tandoor and then cooked in a hot Garlic sauce with fresh Green Chillies, Green Peppers, Onions & Tomatoes.</i>	10.50
Tandoori Mutton Chop Karahi <i>Marinated pieces of Mutton on the bone, grilled in the Tandoor then cooked in a medium sauce with fresh Ginger, Capsicum, Onions & Tomatoes with a hint of Garam Massala.</i>	12.95
Jaipuri - Chicken or Lamb <i>Marinated & cooked in the Tandoor then cooked in a hot Garlic sauce with fresh Green Chillies, Green Peppers, Onions & Tomatoes. Slightly Hot.</i>	10.50

HOUSE SPECIAL DISHES

Garlic Chilli Chicken Karahi <i>Marinated & cooked in a spicy sauce with Garlic paste - Fairly Hot.</i>	10.50
Saag Pathia Karahi - Chicken or Lamb <i>Cooked with Spinach & a blend of herbs & spices. Sweet and sour & slightly hot.</i>	10.50
Tandoori Mixed Grill Karahi <i>A platter of Tandoori Chicken, Chicken Tikka, Lamb Tikka & Sheek Kebab. Medium dish cooked with Garlic, Onion & Green Peppers. Rich & spicy.</i>	12.95
Modu Massala <i>Chicken or Lamb cooked in Honey with a creamy, Almond, Coconut & Massala sauce - Mild</i>	10.95
Modu Bhuna <i>Bhuna style, cooked with fresh Onions, Green Peppers, Tomatoes, Garlic & a touch of Lemon garnish - marinated in Honey - Mild to Medium</i>	10.95
Piazi (Chicken or Lamb) <i>Medium Dish of diced Lamb or Chicken cooked with fresh spice & roasted Onions</i>	10.50
Hash Bhuna <i>Fillets of Duck marinated in fresh Lemon juice, Garam Massala, fresh Ginger & green herbs, cooked in a medium sauce with Chef's specially selected herbs & spices.</i>	12.95
Hash Rashoon Mirch <i>Duck fillet cooked in a hot Garlic sauce with fresh Green Chillies, Green Peppers, Onions & Tomatoes. Fairly Hot.</i>	12.95
Gosht Lazeez <i>Tender pieces of mutton cooked with Shallots, fresh Ginger & Coriander. Please specify, medium or hot.</i>	10.50
Jaflon Chicken <i>Small pieces of Chicken Tikka cooked with Shallots, Green Peppers & specially selected spices to give a delicious taste. Please specify medium or hot.</i>	10.50
Shashlik Massala <i>Chicken or Lamb cooked in the Tandoor with diced onions, green peppers & tomatoes all cooked in a Massala sauce. Mild to Medium Dish</i>	10.50
Chicken or Lamb Tawa <i>Chicken or Lamb strips marinated with medium spices. Cooked with Onions, Peppers, Tomatoes & fresh Garlic. Served in a sizzling tawa.</i>	10.50
Banarasi <i>Marinated Chicken and Lamb Tikka, cooked in a fairly hot sauce with fresh Garlic & Ginger, Onions, Peppers, Pickled Chilli and fresh Coriander.</i>	10.50
Gosht Kata Masala <i>Tender Mutton, cooked in fresh Ginger with Chef's special medium spices</i>	10.50

VEGETABLE SIDE DISHES

Bombay Potatoes <i>Spiced Potatoes.</i>	4.50
Garlic Bombay Potatoes <i>Spiced Potatoes with Garlic</i>	4.50
Vegetable Curry	4.50
Saag Aloo <i>Spinach and Potatoes.</i>	4.50
Saag Paneer <i>Spinach and Cheese.</i>	4.50
Aloo Gobi <i>Spiced Potatoes and Cauliflower.</i>	4.50
Bhindi Bhaji <i>Spiced Okra (Ladies Fingers)</i>	4.50
Tarka Dhall <i>Mixed Lentils with fried Garlic</i>	4.50
Mushroom Bhaji <i>Spiced Mushroom</i>	4.50
Cauliflower Bhaji <i>Spiced Cauliflower</i>	4.50
Raita <i>Cucumber in Yoghurt.</i>	3.50

ENGLISH DISHES

Scampi & Chips (8pcs)	9.00
Omelette & Chips (Plain, Mushroom, Prawn or Chicken)	9.00
Chicken Nuggets & Chips	9.00

CLASSIC DISHES

	Veg	Chicken/ Mutton	Chicken Tikka/ Lamb Tikka	Prawn	King Prawn
Jalfrezi	8.50	8.95	9.50	9.95	12.95
Korma	8.50	8.95	9.50	9.95	12.95
Curry	8.50	8.95	9.50	9.95	12.95
Bhuna	8.50	8.95	9.50	9.95	12.95
Dupiaza	8.50	8.95	9.50	9.95	12.95
Rogan	8.50	8.95	9.50	9.95	12.95
Madras	8.50	8.95	9.50	9.95	12.95
Vindaloo	8.50	8.95	9.50	9.95	12.95
Dansak	8.50	8.95	9.50	9.95	12.95
Pathia	8.50	8.95	9.50	9.95	12.95
Veg Saag Pathia	8.50				

Other dishes are available with a Vegetable option on request.

BIRYANI DISHES

All Biryani dishes are prepared with Pilau Rice, seasoned with spices, sliced tomato & cucumber, served with Vegetable Curry

Vegetable Biryani	8.95
Chicken or Mutton Biryani	9.50
Chicken or Lamb Tikka Biryani	9.95
Prawn Biryani	10.50
King Prawn Biryani	12.95
Special Biryani	10.50

Chicken or Mutton cooked with, Spinach, Garlic, Chilli & Lemon

FOOD ALLERGY? Ask before you eat ...

Management advises that food prepared here may contain or have come into contact with peanuts, tree nuts, soybeans, milk, eggs, wheat, fish or shellfish. **If you have, or think you may have, any food allergy please discuss matters with our staff before you order.**



SUNDRIES

Boiled Rice	2.90	Pilau Rice	3.00
Mushroom Rice	3.25	Egg Fried Rice	3.25
Keema Rice	3.25	Garlic Peas Rice	3.25
Garlic Rice	3.25	Garlic Lemon Rice	3.25
Kushka Rice	3.25	Coconut Rice	3.25
Almond Flake and Raisins		Onion Bhaji Rice	3.25
Special Rice	3.25	Chips	3.00
Garlic and Chilli		Cheesy Chips	3.50
Onion Rice	3.25	Cheesy Masala Chips	4.00
		Masala Chips	3.75
Pickle Tray	3.00	Pickles Mango, Lime, Mint	0.90
Lime, Mango, Onion Salad & Kachumber		Kachumber, Mix Pickle, Chilli, Onion Salad	
Plain Popadom	0.90	Spiced Popadom	0.90
Naan	2.90	Garlic Naan	3.25
Garlic Peshwari Naan	3.25	Garlic Keema Naan	3.25
Keema Naan	3.25	Peshwari Naan	3.25
Cheese Naan	3.25	Garlic Cheese Naan	3.25
Chilli Naan	3.25	Roti	3.00
Kulcha Naan Onions	3.25	Stuffed Paratha	3.25
Garlic Chilli Cheese Naan	3.25	Vegetable	
Paratha	2.90	Chapathi	1.50

Bottle of Soft Drink (1.5 litre). 2.50

Coke, Diet Coke

SET MEALS

Excludes Family Naan

SET MEAL A (FOR 1 PERSON)	15.95
1 x Popadom, 1 x Onion Bhaji, 1 x Chicken Tikka Massala, 1 x Bombay Potatoes & a choice of Rice (Pilau or Boiled) or Plain Naan	
SET MEAL B (FOR 2 PERSONS)	36.95
2 x Popadoms & Pickle Tray, Any 2 x Starters, Any 2 x Main Dishes Any 2 x Rice, Any 1 x Side Dish & Any 1 x Naan	
SET MEAL C VEGETARIAN (FOR 2 PERSONS)	29.95
2 x Popadoms & Pickle Tray 1 x Onion Bhaji & 1 x Vegetable Samosa, Any 2 x Vegetarian Dishes, Any 2 x Rice, Any 1 x Side Dish Any 1 x Naan	

Set Meals are already discounted, no further discounts are available.

Offers cannot be used in conjunction with any other offers.

Other dishes may be prepared on request.

The management reserve the right to refuse service without giving a reason. The finest cuisine takes time to prepare, so there may be a small delay, particularly at busy times.



ABDAL'S KITCHEN

Bangladeshi & Indian Cuisine

SPRUCE LANE, ULCEBY DN39 6UL

Tel: 01469 **428 572**

OPENING HOURS

Sunday, Monday, Wednesday & Thursday:

5.00pm - 10.00pm

(Closed Tuesdays)

Friday & Saturday: 5.00pm - 10.00pm

(Open Christmas Day)

Home Delivery Service Available

Order Over £35 & Get 15% OFF

Collection Only - Excludes Set Meals

View Our Menu Online at:

www.abdalskitchen.co.uk

OUTSIDE CATERING FOR ALL FUNCTIONS AVAILABLE